



NEWS AND NEIGHBORS

Newport News Redevelopment and Housing Authority

SEPTEMBER 2012

Volume 19, Issue 9

HOLIDAYS IN THE MONTH OF SEPTEMBER

LABOR DAY

09-03-12

Registering to Vote

Voter Information

Who can register to vote?

Where can I get a registration form?

Registration Deadlines?



To be eligible to register to vote in Virginia a person must:

- Be a resident of Virginia (A person who has come to Virginia for temporary purposes and intends to return to another state is not considered a resident for voting purposes);
- Be a U. S. Citizen;
- Be 18 years old (Any person who is 17 years old and will be eighteen years of age at the next election shall be permitted to register in advance and also vote in any intervening primary or special election;
- Does not claim the right to vote in any other State;
- Not currently declared mentally incompetent by a court of law;
- If convicted of a felony, your right to vote must have been restored.

Persons eligible to register can obtain a registration application at any of the following locations:

- Local voter registration office: **Newport News City Hall-2400 Washington Avenue-6th Floor-Newport News, Virginia 23607.** Telephone number: **757.926.8683.**
- Online: **www.nngov.com/voter-registrar.**
- State or local government offices when applying or recertifying for Aid to Dependent Children, Food Stamps, WIC, Medicaid, or Rehabilitation Services;
- Government offices in the State that provide State-funded programs primarily engaged in providing services to person with disabilities;
- Armed forces recruitment offices;
- Public Libraries: **Pearl Bailey-2510 Wickham Avenue, Newport News VA 23607**
Grissom-366 DeShazor Drive, Newport News VA 23608
West Avenue-2907 West Avenue, Newport News, VA 23607
Main Street-110 Main Street, Newport News, VA 23601
- State Board of Elections office;
- Department of Motor Vehicles offices;
- Voter Registration Drives.

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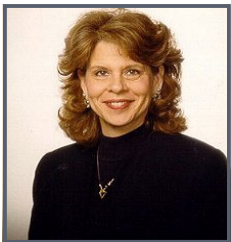
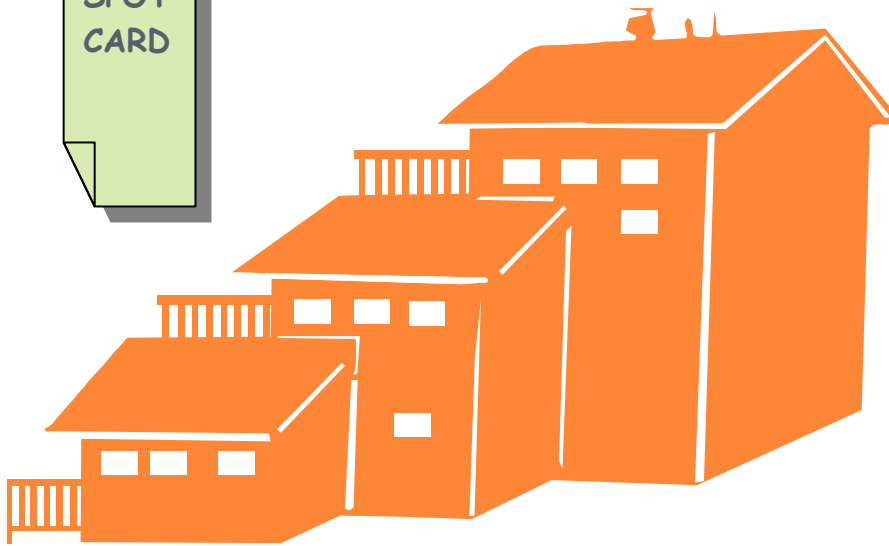
Registration Deadline: October 15, 2012

VOTER REGISTRATION



From the Executive Director...

HOT
SPOT
CARD



Karen R. Wilds
Executive Director

You can resolve to make your neighborhood a safer place. A Hot Spot Card with a pre-addressed stamped envelope is enclosed in each newsletter this month. If you know about any past criminal, any potential violence or any activity you suspect is illegal anywhere in our City, please use this card. It is completely anonymous. It can be dropped off at your rental office or mailed.

If you would like to talk to someone about any concerns you have, you can call NNRHA Safety and Security Officer at (757) 928-2660.



MISSION STATEMENT



The mission of the Newport News Redevelopment and Housing Authority (NNRHA) is to create affordable housing, viable neighborhoods, and opportunities for self-sufficiency that enhance the quality of life for all citizens of Newport News.

FILING A COMPLAINT...



Here is the Customer Service

Hotline Number:

757-928-6170 or 757-928-3680

A TENANT HOTLINE IS A FREE SERVICE FOR TENANTS LIVING IN PROPERTIES OWNED AND MANAGED BY THE NEWPORT NEWS REDEVELOPMENT AND HOUSING AUTHORITY. WHEN FILING A COMPLAINT, YOU MUST STATE YOUR NAME, ADDRESS, AND TELEPHONE NUMBER AND SPEAK AS SLOWLY AND CLEARLY AS POSSIBLE.

WE WILL CALL YOU BACK WITHIN 48 HOURS REGARDING YOUR CONCERNS.

Top 10 Tips for Parents

Want your child to do well in school? Get involved with your child's education. Your actions today lead to your child's long-term success.

Here are ten practical ways you can get involved:

1. Meet the principal and teachers at the beginning of the school year. Tell them you expect your child to do well in school. (Research shows this simple conversation actually helps kids do better in school.)
2. Find out the best way to reach your child's teacher and tell them the best way to reach you (e.g. cell phone/texting, email, phone call).
3. Go to back-to-school night and events at your child's school. Kids who see their parents at school get better grades.
4. Regularly check your child's backpack for notes, and keep track of homework.
5. Create a study space with good lighting and set a regular time for homework.
6. Help your child with their homework if needed, and always check it when it's done.
7. Read, read, read. Have your child read every day. Read to them, read with them—and make sure your child sees you reading, as well.
8. Provide healthy food for every meal. Skip the sweets and soda—these foods don't help kids learn.
9. Make sure your child gets enough sleep. Kids ages one to three need 12 to 14 hours of sleep a night. Kids three to five need 11 to 13 hours. Kids five to 12 require 10 to 11 hours. Teens need at least 8 1/2 hours of sleep every night.
10. Go online to www.GreatSchools.org and get other ideas for helping you help your child be the best that they can be.



Bus Stop Rules!

AT THE BUS STOP

- ◆ Arrive at the assigned stop five minutes before bus pick up;
- ◆ Stand on the sidewalk or the edges of the street by the curb;
- ◆ Stay off private property;
- ◆ Do not stand on the traveled part of the road;
- ◆ Be respectful and watchful of traffic;
- ◆ Wait quietly and orderly.

ON THE BUS

- ◆ No profanity or obscene behavior, smoking, eating or drinking;
- ◆ No vandalism;
- ◆ No body parts outside the bus;
- ◆ No radio, or electronic audio/video devices. No live animals;
- ◆ No throwing items from the bus or on the bus;
- ◆ No unsafe objects or weapons;
- ◆ Remain seated at all times;
- ◆ Cooperate with the driver and practice orderly conduct;
- ◆ No bullying on the bus.





Going Back to School...

It's school time again! You are probably feeling excited and maybe a little sad that summer is over. Some kids feel nervous or a little scared on the first day of school because of all the new things: new teachers, new friends, and maybe even a new school. Luckily, these "new" worries only stick around for a little while.

The First Day

Most teachers kick off the school year by introducing themselves and talking about the stuff you'll be doing that year. Some teachers give students a chance to tell something about themselves to the rest of the class.

When teachers do the talking on the first day, they often go over classroom rules so you'll know what's allowed and what's not. Pay close attention so you'll know if you need to raise your hand to ask question and what the rules are about visiting the restroom.

Moving to Middle School?

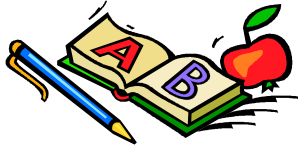
Sixth grade often signals a move to middle school, where you'll find lockers and maybe a homeroom. This is just what it sounds like—a classroom you'll go to each morning, kind of like your home in the school. In middle school, you might move from classroom to classroom for each subject. Your teachers know that this is a big change from elementary school and will help you to adjust.

A Bad Start?

What if you hate school by the end of day one? Teachers recommend giving things some time to sort themselves out once you know your way around the building and get adjusted to the new routine, you'll probably feel better. If those feelings don't fade, talk to your mom, dad, teacher, or school counselor.

Here are a few final tips for a fantastic school year:

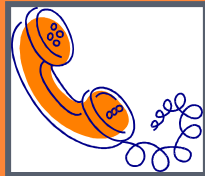
- Get enough sleep and eat a healthy breakfast;
- Try your best;
- Use good work habits, like writing down your assignments and turning in your homework on time;
- Take your time with school work. If you don't understand something, ask a teacher.



FREE TRAINING PROGRAMS

The Family Investment Center offers free training in the following courses:

- Self-Paced Typing;
- Employability Skills Workshops ;
- Resume' Prep;
- Job Lead Assistance;
- Homeownership.



CONTACT:

Family Investment
Center
600 C Ridley Circle
Newport News, VA

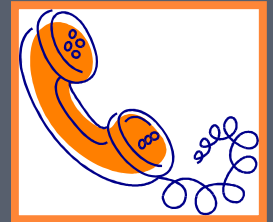
Monday thru
Friday

8:00 a.m. - 4:30 p.m.
757.928.3680

PROGRAMA LIBRE DE INSTRUCCION

Centro de Trabajo Para la Familia ofierte los cursos que sigue:

- Mecanografía;
- Habilidades de obrero;
- Ayuda con su resumen y su entrevista;
- Como se encuentra trabajo;
- Como encontrar y poseer una casa.



CONTACT:

Centro de Trabajo
Para La Familia
600 C Ridley Circle
Newport News, VA
757.928.3680

Lunes-Viernes
8 de la manana
4:30 de la tarde
757-928-3680

Important Numbers



Marshall	928-6181
Ridley/Lassiter	928-2690
Spratley House	928-2680
Ashe Manor	928-6187
Aqueduct	833-5700
Cypress Terrace	833-5720
Great Oak	591-3282
Oyster Point	269-4307
Phoenix Village	591-3282
Pinecroft	269-4300
Brighton	591-3280
Orcutt Townhomes	928-6187
Community Resources	928-6170
Family Investment Center	928-3680
Facilities East & North	247-0484/0485

Do You Have A Job Interview?



Interviewing preparation is available. Call the Family Investment Center to make an appointment. The number is 757.928-3680.

Family Investment Center
600 C Ridley Circle
Newport News, VA 23607

15 Reasons to Pay Rent "On Time"

- ⇒ To maintain good payment/rental history with management;
- ⇒ To set a good example for your family;
- ⇒ To help promote family self-sufficiency;
- ⇒ To have a good credit history;
- ⇒ To avoid management from calling/knocking on your door;
- ⇒ To avoid lost time from work due to court appearances;
- ⇒ To avoid legal action;
- ⇒ To teach responsibility;
- ⇒ To always have a place to live;
- ⇒ To maintain a good payment history for purposes of landlord references;
- ⇒ To prepare for future homeownership;
- ⇒ To prevent the accumulation of late charges and legal fees;
- ⇒ You must pay to stay - It's the right thing to do!



Reminder Rental Office Hours

Monday: 8:00 a.m. — 5:00 p.m.

Tuesday: 8:00 a.m. — 5:00 p.m.

***Wednesday 8:00 a.m. — 12:00 p.m.**

Thursday 8:00 a.m. — 5:00 p.m.

Friday 8:00 a.m. — 5:00 p.m.

**Office Closes for lunch daily from
12:00-1:00 p.m.**

***Every Wednesday the office closes at
12:00 noon.**

Housekeeping Tips

When it's time to clean the house, it is handy to have a house cleaning chore list. The list will help you avoid missing any areas that need to be cleaned.

Dusting

Starting at the top of the house, brush ceilings free of cobwebs paying particularly attention to corners where gauzy strands of dust gather. Dust window blinds/shades from top to bottom, including inside of window casings and window sills. Use wood polish to spray to wipe dust out of crevices on wood trim and clean table legs. Polish remainder of all wood surfaces.

Dust lower areas such as picture frames, artwork, lamp shades, mirrors and knickknacks.

Kitchen

Clean inside and outside the oven, microwave and refrigerator. Wipe down the sink, faucet, toaster oven and countertops. Vacuum or sweep debris off the floor and mop the kitchen floor, including baseboards.

Bathroom

Clean bathroom sinks, faucets and countertops. Use a toilet bowl brush to clean inside the toilet. Using cleanser and a cleaning sponge, completely wipe down the exterior of the toilet fixture from top to bottom. Paying special attention to the base. Clean the shower stall and/or bathtub, and subsequent plumbing fixtures. Clean the bathroom mirrors as well. Sweep, then mop, bathroom floors.

Other Living Areas

Shake rugs outdoors and machine wash if possible. Vacuum rugs that are too large to shake out or wash. Shampoo large rugs if necessary. Run a vacuum cleaner hose over baseboards. Tile floors should be swept or vacuumed, then mopped or vigorously scrubbed with warm, soapy water, depending on circumstances.

More helpful information on Housekeeping Tips coming in the next issue of News and Neighbors.



**NEWPORT NEWS REDEVELOPMENT AND HOUSING AUTHORITY
SECTION 504 REQUEST FOR A REASONABLE ACCOMMODATION**



PUBLIC HOUSING

**RETURN THIS COMPLETED FORM TO YOUR
MANAGEMENT OFFICE**

Tenant's Name: _____

Complex Name: _____

Address/Apt. #: _____ Zip _____

Telephone #: _____

The Newport News Redevelopment and Housing Authority (NNRHA) is required by law to provide special services, transfers or modifications to apartments, buildings or grounds to meet the needs of tenants with disabilities. These are called reasonable accommodations. NNRHA may require documentation to support a claim for a reasonable accommodation. The information supplied will be kept confidential pursuant to law.

NNRHA will work with you to determine how to fulfill your request.

Tenant's Signature _____ Date _____

_____ No one in my household has a disability.
(I do not need to complete the rest of this form)

_____ I am not requesting NNRHA to provide an accommodation at this time.

The following person (s) in my household has/have a disability and need one or more of the reasonable accommodations below:

_____ Uses a wheelchair

_____ Uses a walker

_____ Vision impaired

_____ Hearing impaired

_____ Grab bars

_____ Audio visual smoke
Alarm

_____ Door bell light signaler

_____ Other accommodations, please explain:

What You Need To Know About Section 3

Section 3 of the Housing and Urban Development Act of 1968 (12 U.S.C. 1701u)(as amended), requires that economic opportunities generated by certain HUD financial assistance for housing (including Public and Indian Housing) and community development programs shall, to the greatest extent feasible, be given to low and very low-income persons, particularly those who are recipients of government assistance for housing, and to businesses that provide economic opportunities for these persons.

Other HUD programs covered by Section 3 (to distinguish between HUD Public and Indian housing programs) are those that provide housing or community development assistance for housing rehabilitation, housing construction, or other public construction project.

Who Are Section 3 Residents?

Public housing residents including persons with disabilities.

Low and very low income persons who live in the area where a HUD assisted project is located.

What is a Section 3 Business?

A section 3 business is one:

That is owned by Section 3 residents
Employs Section 3 residents or;
Subcontracts with businesses that provide opportunities to low and very low income persons.

▶ *What types of Economic Opportunities are available under Section 3?*

- Jobs and Employment opportunities
- Training and Educational opportunities
- Contracts and Business opportunities

▶ *Who will provide the Economic Opportunities?*

• Recipients of HUD financial assistance and their contractors and subcontractors are expected to develop a Section 3 Plan to assure that economic opportunities to the greatest extent feasible, are provided to low and very low-income persons and to qualified Section 3 businesses. One element of that Plan is the use of a Section 3 clause which indicates that all work performed under the contract is subject to the requirements of Section 3.

▶ *Who receives Economic Opportunities under Section 3?*

For training and employment:

- persons in public and assisted housing;
- persons in the affected project neighborhood;
- participants in HUD Youth-build programs;
- homeless persons.

For contracting:

- businesses which fit the definition of a Section 3 business.

▶ *How can individuals and businesses find out more about Section 3?*

For contracting opportunities contact:

The Office of Human Affairs
Representative: Emmagene Slade
392 Maple Avenue, P.O. Box 37
Newport News, VA 23607
Phone: 757-247-6747 Fax: 757-380-1269

For training and employment opportunities contact:

Representative: LaSandra Wingate
Newport News Redevelopment and Housing Authority
P. O. Box 797
Newport News, VA 23607-0797

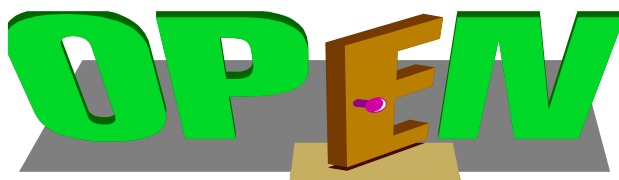


FOOD BANK



DISTRIBUTION SITES

East End		
COMMUNITY	DISTRIBUTION FOR ALL SITES	DELIVERY DATE
Ashe Manor	Agape Hands Cathedral 757-247-0090	3rd Tuesday after 4 pm
Spratley House	Christian Union Church 757-244-3819	2nd Thursday 12 noon -1 pm
Lassiter Courts	A Road Ahead 757-245-6098	Monday, Wednesday, Friday 10 am -1:30 pm
Ridley Place	L.I.N.K. 757-595-1953	Monday - Friday 9 am - 3 pm
Marshall Courts	L.I.N.K. 757-595-1953	Monday - Friday 9 am - 3 pm
Orcutt Townhomes	L.I.N.K. 757-595-1953	Monday - Friday 9 am - 3 pm
North End		
COMUNITY	DISTRIBUTION FOR ALL SITES	DELIVERY DATE
Aqueduct	Kids Café, Foodbank 757-596-7188	2-3 times per week
Brighton	Kid's Café' Foodbank 757-596-7188	Summer and Fall
Oyster Point	Foodbank 757-596-7188	Summer and Fall
Cypress Terrace	New Beech Grove Baptist Church 757-877-4114	United Way (757) 594-4636 for referral
Pinecroft	Foodbank 757-596-7188	3rd Friday 11 am



The waiting list for housing assistance at the Warwick SRO is open for single room occupancy only.

Please call (757) 928-6060, Monday-Friday, from 9:00 a.m. - 4:00 p.m. to schedule an appointment.



This newsletter is published by the
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Housing Authority.

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Layout: Lisa Artis

**Newport News Redevelopment and
Housing Authority**
P. O. Box 797
Newport News, VA 23607
757.928.6170

Mitch's Safety Corner

For most of the year, children spend more time at school than anywhere else other than their home. Although most schools are safe, others can be susceptible to crime and violence as other environments.

What Can You Do To Keep Your Child Safe At School?

In the Class

Teach children to resolve problems without fighting. Explain that fighting can lead to them getting hurt or hurt someone else.

Talk to your child about their day. Sometime children will not tell you if they are having problems at school. Ask your child if they see any other child bullied, if they are bullied, or if anything makes them feel uncomfortable.

Take an active role in your child's school. Talk regularly with teachers and staff. Volunteer in their class or in after-school activities. Work with parent-teacher organizations.

Travelling To and From School

Encourage your child to walk to school or the bus stop with a sibling or friend, and to wait at their bus stop with other children.

Teach children not to talk to strangers, go anywhere with them or accept gifts from them. Tell them if they see a suspicious stranger hanging around the bus stop or in their school, they should tell an adult.

Help young children memorize their phone number and full address. Write down other important phone numbers such as work and emergency contacts for your child to carry with them.

School Bus

Have your child arrive at the assigned bus stop at least ten minutes before the bus arrives.

Make sure your child knows to stand on the sidewalk or grass while waiting for the bus.

Be aware that bullying often occurs on the school bus. Ask your child about their bus, who they sit with, who they talk to and what the other children on the bus do.

For More Information on School Safety:

National School Safety Center www.schoolsafety.us
National Crime Prevention Council
www.ncpc.org

FALL FOR BETTER HEALTH



Autumn, or fall, is the season of Harvest. Across the country, farmers are bringing in their crops. So are gardeners. In many parts of the country, fall is displayed by countryside foliage with brilliant reds, oranges and yellows.

In supermarkets and the farmer's markets, the best of the season's bounty is on display. In **September**, summer fruits and vegetables, including tomatoes, summer squash and peppers are still available. By **October**, pumpkins and winter squash begin to appear. These are inexpensive and very nutritious. Crisp fall apples come into season; potatoes and sweet potatoes arrive. By **November**, we celebrate our national bounty with Thanksgiving, when we eat harvest foods and turkey, join together and give thanks for the season's gifts to the kitchen.

September is also the beginning of a new school year in most areas. This year school children will be enjoying new, more healthier and tastier school meals. They will be learning about how food is produced, how it affects their bodies and how to make better food choices to stay healthy.



In Season Vegetables

Brussels Sprouts
Cabbage
Cucumbers
Eggplant
Lima Beans
Onions
Okra
Peppers
Potatoes
Sweet Corn
Sweet Potatoes
Summer Squash
Tomatoes
Winter Squash

Fruits

Apples
Avocado
Cantaloupe
Dates
Figs
Grapes
Honeydew
Melons
Lemons
Peaches
Pears
Plums
Prunes
Oranges

Also

Tree nuts (almonds and walnuts)
Fish & Shellfish
All Meats
Dairy Products

◆ Plus 30 minutes of physical activity daily will help you feel better.

HURRICANE WATCH VS WARNING

What's the Difference?

HURRICANE WATCH

Hurricane conditions are possible in the specified areas of the WATCH, usually within 36 hours. "Possible" means there is a chance of a hurricane...but it's too early to be completely sure.

HURRICANE WARNING

Hurricane conditions are expected in the specified areas of the WARNING, usually within 24 hours. A warning is the more serious of the two. Plan on a hurricane when you hear this! Though it is still possible that the hurricane may veer away from the area or weaken more than predicted, it is time to plan for the worst and hope for the best.



Saffir-Simpson Hurricane Wind Scale

Category	Winds (MPH)	Damage
1	74-95	Minimal: Significant damage to mobile homes. Large trees blown down. Major roof damage to homes. Typically, significant flooding. Moderate damage to home exteriors. Large area of power outages.
2	96-110	Extensive: Significant damage to mobile homes. Large trees blown down. Major roof damage to homes. Typically, significant flooding. Moderate damage to home exteriors. Large area of power outages.
3	111-130	Devastating: Now it is a major hurricane and structural damage can occur to home and small buildings. Large buildings can also sustain damage. Mobile homes largely destroyed.
4	131-155	Catastrophic: Structural damage to numerous buildings. Roof failure on many buildings. Flooding and wind damage can extend far inland. Storm surge generally more than 13 feet will lead to widespread flooding, but height can vary.
5	More than 155	Catastrophic: All trees blown down. Some buildings removed from their foundation. Nearly total roof failure. Flood damage to lower floors less than 15-feet above sea level. Devastating wind damage can extend far inland, especially if system is quick moving.