



# NEWS AND NEIGHBORS

Newport News Redevelopment and Housing Authority

April 2014

Volume 21, Issue 4

## HOLIDAYS OBSERVED DURING THE MONTH OF

### APRIL

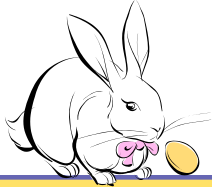
April 20

Easter Sunday

April 23

Administrative

Professionals Day



### Inside this issue:

Message from Executive Director	2
Going Green and Keeping it Clean	3
FREE FIC Training Classes	4
Money Management/ Budgeting Class	5
What is 504 Reasonable Accommodation?	6
What is Section 3?	7
FREE Tax Preparation	8
Manager's Corner	9
Rehabilitation Assistance	10
Safety Corner	11
Food Bank Distribution	12

## Are You Interested in the Health Care Field?

...then you may be eligible to receive

# FREE Personal Care Aide Training



Personal care is one of the fastest growing occupations in the nursing field.

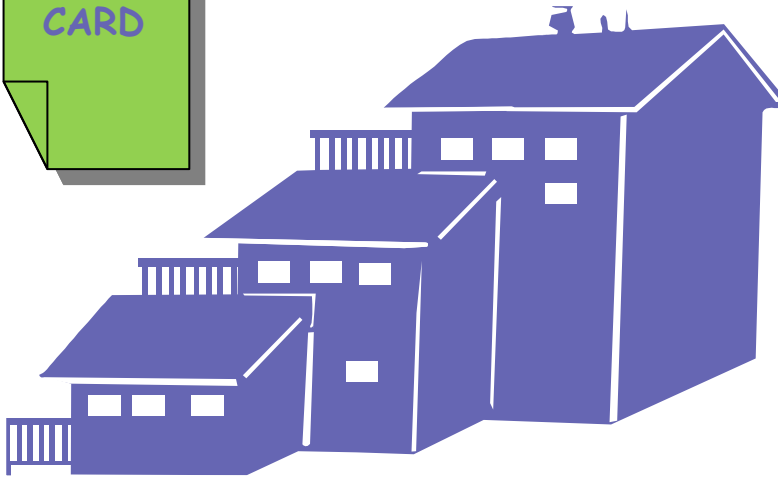
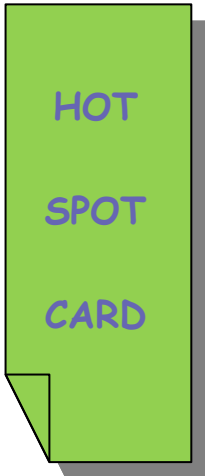
**Call to register by April 8, 2014**

Family Investment Center  
600-C Ridley Circle  
Newport News, VA 23607  
757-928-3680

We have the tools. You have the talent.  
Let's get together.

Sponsored By:  
**ALWAYS THERE HOME CARE, LLC**  
Valerie Jones, RN

# From the Executive Director...



Karen R. Wilds  
Executive Director

You can resolve to make your neighborhood a safer place. A Hot Spot Card with a pre-addressed stamped envelope is enclosed in each newsletter this month. If you know about any past criminal, any potential violence or any activity you suspect is illegal anywhere in our City, please use this card. It is completely anonymous. It can be dropped off at your rental office or mailed.

If you would like to talk to someone about any concerns you have, you can call NNRHA Safety and Security Officer at (757) 928-2660.

## MISSION STATEMENT



The mission of the Newport News Redevelopment and Housing Authority (NNRHA) is to create affordable housing, viable neighborhoods, and opportunities for self-sufficiency that enhance the quality of life for all citizens of Newport News.



# GOING "GREEN" AND KEEPING IT CLEAN!

- Old food in the yard;
- Grease thrown out the window;
- Disabled cars;
- Cars without proper tags;
- Broken playground equipment;
- Beer bottles;
- Broken glass;
- Vandalized vacant apartments;
- Profanity on buildings and signs;
- Graffiti;
- Trash and old junk in the yard.



- Better neighborhoods;
- Respect from the community;
- Safe place for children;
- A sense of pride for family;
- A safe haven for senior citizens;
- Beautification;
- A place to socialize and enjoy;
- Lessen criminal activity;
- A brighter cleaner community;
- Clean buildings;
- Grass and shrubbery.



**TRASH IS OUT!**

**CURB APPEAL IS IN!**



## FREE TRAINING PROGRAMS

The Family Investment Center offers free training in the following courses:

- Self-Paced Typing;
- Employability Skills Workshops;
- Resume' Prep;
- Job Lead Assistance;
- Homeownership.



### CONTACT:

Family Investment Center  
600 C Ridley Circle  
Newport News, VA

Monday thru  
Friday

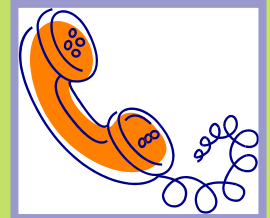
8:00 a.m. - 4:30 p.m.  
757.928.3680



## PROGRAMA LIBRE DE INSTRUCCION

Centro de Trabajo Para la Familia ofierte los cursos que sigue:

- Mecanografía;
- Habilidades de obrero;
- Ayuda con su resumen y su entrevista;
- Como se encuentra trabajo;
- Como encontrar y poseer una casa.



### CONTACT:

Centro de Trabajo  
Para La Familia  
600 C Ridley Circle  
Newport News, VA  
757.928.3680

Lunes-Viernes  
8 de la mañana  
4:30 de la tarde  
757-928-3680

## Important Numbers



Marshall	928-6181
Ridley/Lassiter	928-2690
Spratley House	928-2680
Ashe Manor	928-6187
Aqueduct	833-5700
Cypress Terrace	833-5720
Great Oak	591-3282
Oyster Point	269-4307
Phoenix Village	591-3282
Pinecroft	269-4300
Brighton	591-3280
Orcutt Townhomes	928-6187
Community Resources	928-6163
Family Investment Center	928-3680
Facilities East & North	247-0484/0485

## Do You Have A Job Interview?



Interviewing preparation is available. Call the Family Investment Center to make an appointment. The number is 757.928-3680.

Family Investment Center  
600 C Ridley Circle  
Newport News, VA 23607  
757.928.3680

## **STOP WASTING YOUR MONEY!**

**Find ways to save, manage and budget your money.**

### **Attend the Money Management/Budgeting Class**

Tuesday, April 15, 2014  
10:00 a.m.—11:30 a.m.  
600 C Ridley Circle  
Newport News, VA 23607  
757.928.3680



**Sponsored By: Family & Youth Services**

## **Are You Disabled and Want to Work?**

Find out how you may work and keep a portion of your benefits by attending this workshop.

**Tuesday, April 22nd @ 10 AM  
Family Investment Center  
600 C Ridley Circle**

For more information contact Teresa Jones at 757.928.3681

Sponsored by Department for Aging and Rehabilitative Services

LET'S FOCUS ON WHAT YOU **CAN** DO!



**NEWPORT NEWS REDEVELOPMENT AND HOUSING AUTHORITY  
SECTION 504 REQUEST FOR A REASONABLE ACCOMMODATION**



**PUBLIC HOUSING**

**RETURN THIS COMPLETED FORM TO YOUR  
MANAGEMENT OFFICE**

Tenant's Name: \_\_\_\_\_

Complex Name: \_\_\_\_\_

Address/Apt. #: \_\_\_\_\_ Zip \_\_\_\_\_

Telephone #: \_\_\_\_\_

The Newport News Redevelopment and Housing Authority (NNRHA) is required by law to provide special services, transfers or modifications to apartments, buildings or grounds to meet the needs of tenants with disabilities. These are called reasonable accommodations. NNRHA may require documentation to support a claim for a reasonable accommodation. The information supplied will be kept confidential pursuant to law.

NNRHA will work with you to determine how to fulfill your request.

Tenant's Signature \_\_\_\_\_ Date \_\_\_\_\_

\_\_\_\_\_ No one in my household has a disability.  
(I do not need to complete the rest of this form)

\_\_\_\_\_ I am not requesting NNRHA to provide an accommodation at this time.

The following person (s) in my household has/have a disability and need one or more of the reasonable accommodations below:

\_\_\_\_\_ Uses a wheelchair

\_\_\_\_\_ Uses a walker

\_\_\_\_\_ Vision impaired

\_\_\_\_\_ Hearing impaired

\_\_\_\_\_ Grab bars

\_\_\_\_\_ Audio visual smoke Alarm

\_\_\_\_\_ Door bell light signaler

\_\_\_\_\_ Other accommodations, please explain:

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

# What You Need To Know About Section 3

## Section 3 Act

Section 3 of the Housing and Urban Development Act of 1968 (12 U.S.C. 1701u)(as amended), requires that economic opportunities generated by certain HUD financial assistance for housing (including Public and Indian Housing) and community development programs shall, to the greatest extent feasible, be given to low and very low-income persons, particularly those who are recipients of government assistance for housing, and to businesses that provide economic opportunities for these persons.

Other HUD programs covered by Section 3 (to distinguish between HUD Public and Indian housing programs) are those that provide housing or community development assistance for housing rehabilitation, housing construction, or other public construction project.

## Who Are Section 3 Residents?

Public housing residents including persons with disabilities.

Low and very low income persons who live in the area where a HUD assisted project is located.

## What is a Section 3 Business?

A section 3 business is one:

That is owned by Section 3 residents  
Employs Section 3 residents or;  
Subcontracts with businesses that provide opportunities to low and very low income persons.

### ▶ *What types of Economic Opportunities are available under Section 3?*

- Jobs and Employment opportunities
- Training and Educational opportunities
- Contracts and Business opportunities

### ▶ *Who will provide the Economic Opportunities?*

- Recipients of HUD financial assistance and their contractors and subcontractors are expected to develop a Section 3 Plan to assure that economic opportunities to the greatest extent feasible, are provided to low and very low-income persons and to qualified Section 3 businesses. One element of that Plan is the use of a Section 3 clause which indicates that all work performed under the contract is subject to the requirements of Section 3.

### ▶ *Who receives Economic Opportunities under Section 3?*

#### *For training and employment:*

- persons in public and assisted housing;
- persons in the affected project neighborhood;
- participants in HUD Youth-build programs;
- homeless persons.

#### *For contracting:*

- businesses which fit the definition of a Section 3 business.

### ▶ *How can individuals and businesses find out more about Section 3?*

#### For contracting opportunities contact:

The Office of Human Affairs  
*Representative:* Emmagene Slade  
392 Maple Avenue, P.O. Box 37  
Newport News, VA 23607  
Phone: 757-247-6747 Fax: 757-380-1269

#### For training and employment opportunities contact:

*Representative:* LaSandra Wingate  
Newport News Redevelopment and Housing Authority  
P. O. Box 797  
Newport News, VA 23607-0797  
Phone: 757-928-2628



# ★ FREE TAX PREPARATION SERVICES

## TIRED OF PAYING HIGH TAX PREPARATION FEES?

VITA, the Volunteer Income Tax Assistance program sponsored by the Newport News Redevelopment & Housing Authority will help prepare and file your basic returns for **FREE!**

**College Students**

**Teenagers**

**Part-Time Employees**

**Seasonal Employment**

**Free Tax Preparation through Tuesday, April 15th at the**

**Family Investment Center (FIC), located at**

**600 C Ridley Circle in Newport News.**

*For more details, please call FIC at 757.928.3680*

## Joining the Public Housing Family Self-Sufficiency Program Can Change Your Life

Did you know that joining the public housing Family Self-Sufficiency (FSS) program allows you to earn \$\$\$ ? Upon completion of their goals, FSS participants receive an escrow account that they can use for a down payment on a home...for continued education...or for any purpose they choose. **And you won't be alone!** FSS Coordinators will help you set and reach your goals to become economically self-sufficient.

**Here's how it works!** Participants agree to enter into a five year contract with the Newport News Redevelopment and Housing Authority that identifies their educational, personal and employment goals. The FSS Coordinator helps the head of household develop a plan of action that outlines specific activities and services needed to achieve those goals. Services include education, job training, credit counseling, job placement, and self-help workshops.

Throughout the five years, the FSS Coordinator monitors the participant's progress and helps him or her achieve the next level of self-sufficiency.

As participants reach their goals and their income increases from employment, their rent will also increase. When rent payments increase, portions of the rent are deposited into an escrow account for the participant. Upon successful completion of the FSS contract, the participant then receives the escrow money.

Call Elsie Hines, Public Housing, FSS Coordinator at 757-928-3684 to find out more information.



# Manager's Corner



**Marshall Rental Office New Location**

**Did you know  
Marshall Rental Office Moved?**

**Marshall Courts Recreation Center  
3301 Marshall Avenue  
Newport News, VA 23607**

**757.928.6181**

## General Overtime Guidelines

Maintenance staff will respond to the following calls:

1. Gas Leaks;
2. Electrical Problems;
3. Smoke Detector;
4. Power Outages (only at Pinecroft, Ashe Manor, Spratley House, Ridley and Marshall);
5. No Heat between 5:00 p.m. on Friday and 8:00 am on Sunday or holidays if the next day is a working day. If the next day is not a working day, accepts calls until 6:00 p.m.
6. Floods and Sewer Problems;
7. Broken Windows;
8. Collapsed ceiling or damaged roofs;
9. Commode stopped up (if two in apartment hold to next day if that is a normal business day);
10. Lock Out/Lock Change;
11. Damaged Exterior Doors;
12. Fire.

# Spring Cleaning



The flowers are blooming, the birds are serenading, and our house still feels like it is stuck with winter blues. Spring cleaning is a tradition that allows us to freshen up our homes and get a head start on the hectic seasons of Spring and Summer.

## Clearing Clutter and Organizing During Spring Cleaning:

One of the biggest parts of spring cleaning is getting rid of clutter that you don't need. Use these resources to clear out your stuff. Learn how to box up items you don't need. Find out how to donate items that are taking up space. Take advantage of the natural urge that comes each spring to get rid of items that are weighing you down and begin fresh with a more streamlined lifestyle. While we may have a tendency to hoard and hold on to items in the winter, we generally are more ready to let go of clutter when spring arrives. Cleaning will be a lot easier when the clutter is gone.

## Getting the Family Involved in Spring Cleaning:

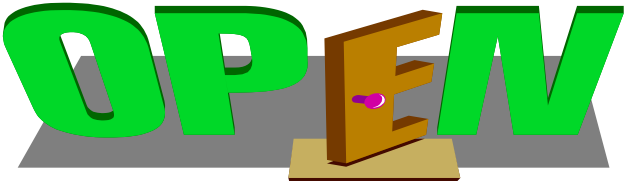
If you need a little help in your cleaning endeavors, try to get your family involved. Even the most unwilling helper can make a big difference in the work load. It might actually seem easier to just do everything by yourself rather than try to get your family to help. This is actually a great time of year to get the entire family to work together. Try throwing on some music or establishing a family reward for when the work is done.



# FOOD BANK DISTRIBUTION SITES



East End			
COMMUNITY	DISTRIBUTION FOR ALL SITES		DELIVERY DATE
Ashe Manor	Agape Hands Cathedral	757-247-0090	3rd Tuesday after 4 pm
Spratley House	Christian Union Church	757-244-3819	2nd Thursday 12 noon –1 pm
Lassiter Courts	A Road Ahead	757-245-6098	Monday, Wednesday, Friday 10 am -1:30 pm
Ridley Place	L.I.N.K.	757-595-1953	Monday - Friday 9 am - 3 pm
Marshall Courts	L.I.N.K.	757-595-1953	Monday—Friday 9 am—3 pm
Orcutt Townhomes	L.I.N.K.	757-595-1953	Monday—Friday 9 am—3 pm
North End			
COMUNITY	DISTRIBUTION FOR ALL SITES		DELIVERY DATE
Aqueduct	Kids Café, Foodbank	757-596-7188	2-3 times per week
Brighton	Kid's Café' Foodbank	757-596-7188	Summer and Fall
Oyster Point	Foodbank	757-596-7188	Summer and Fall
Cypress Terrace	New Beech Grove Baptist Church	757-877-4114	United Way (757) 594-4636 for referral
Pinecroft	Foodbank	757-596-7188	3rd Friday 11 am



The waiting list for housing assistance at the Warwick SRO is open for single room occupancy only.

Please call (757) 928-6060, Monday-Friday, from 9:00 a.m. - 4:00 p.m. to schedule an appointment.



This newsletter is published by the Newport News Redevelopment and Housing Authority.  
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 News Coordinator: Sheila Grant  
 Layout: Lisa Artis

**Newport News Redevelopment and Housing Authority**  
 P. O. Box 797  
 Newport News, VA 23607  
 757.928.6063

# SAFETY CORNER

## CHILD ABUSE PREVENTION

Child maltreatment includes all types of abuse and neglect of a child under the age of 18 by a parent, caregiver, or another person in a custodial role (clergy, coach, and teacher, etc.). There are four common types of abuse.

- Physical abuse is the use of physical force, such as hitting, kicking, shaking, burning or other show of force against a child.
- Sexual abuse involves engaging a child in sexual acts. It includes fondling, rape, and exposing a child to other sexual activities.
- Emotional abuse refers to behavior that harm a child's self-worth or emotional well-being. Examples include name calling, shaming, rejection, withholding love and threats.
- Neglect is the failure to meet a child's basic needs. These needs include housing, food, clothing, education, and access to medical care.

The few cases of abuse or neglect we see in the news are a small part of the problem. Many cases are not reported to police or social services. Some factors can increase the risk for abuse or neglect. The presence of these factors does not always mean that maltreatment will occur. Children are never to blame for the harm others do to them. Children under 4 years of age are at greatest risk for severe injury and death from abuse.

Families that do not have nearby friends, relatives, and other social support are also at risk. On-going violence in the community may create an environment where child abuse is accepted.

Children are suffering from a hidden epidemic of child abuse and neglect. Every year 3.3 million reports of child abuse are made in the United States involving nearly 6 million children. The United States has the worst record in the industrial nation- losing five children every day due to abuse-related deaths. Approximately 80% of children that die from abuse are under the age of 4.

If you or someone you know suspects a child is being abused, here are some numbers you can call for help.

Child Protective Services (Newport News) 757.926.6600  
Child Abuse/Neglect Hot Line 804.786.8536  
Newport News Police Department 757.247.2500

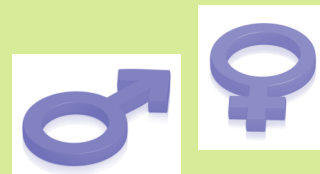
Should you have any Safety or Security questions or concerns, contact Safety & Security at 757.928.2660.

## APRIL IS STD AWARENESS MONTH

The Center for Disease Control (CDC) recognizes April as Sexual Transmitted Diseases (STD) Awareness Month, an annual observance to raise awareness about the impact of sexually transmitted diseases (STDs) on the health of Americans and the importance of individuals discussing sexual health with their healthcare providers and, if sexually active, their partners.

STDs affect people of all races, ages, and sexual orientations, though some individuals experience greater challenges in protecting their health. People who struggle financially may end up in circumstances that increase their risk for STDs. For example, those who can't afford the basic necessities may have trouble accessing and affording quality health care, making it difficult to receive STD testing and other prevention services.

Regardless of community affiliation, personal decisions and actions regarding condom use, partner choice, and drug or alcohol abuse also affect a person's risk for STDs. When risk behaviors are combined with barriers to quality health information and STD prevention services, the risk of infection increases. To ensure that individuals have the opportunity to make healthy decisions, it is essential to address both the individual and social dynamics that contribute to their risk for STDs.



## REHABILITATION ASSISTANCE



We all know the heartache and devastation that drugs can bring to our families.

If you or anyone you know and love is affected by substance abuse help is available.

Program Name	Services	Payment
<b>Tidewater Area Hot Line</b> 459-8467	Narcotics Anonymous	No fees
<b>Narcotics Anonymous VA Regional Hot Line</b> 1-800-777-1515	Support group for recovering substance abusers.	No fees
<b>Hampton Roads Clinic Reflections</b> 827-8430	Outpatient Counseling I.V. Methadone Maintenance 30-45 day Residential Facility	Sliding fee Scale Medicaid
<b>Project Link</b> 245-0217	Case management and coordination services for prenatal abuser	Sliding fee Scale Medicaid
<b>AI Anon/Alateen</b> 1-888-425-2666 <b>AA Hotline</b> 595-1212	Support group Alcoholism-friends/relatives and teens.  12 Step Program	No fees  No fees
<b>Peninsula Area Help Line</b> 875-9314	Narcotics Anonymous	No fees

## FILING A COMPLAINT...?



Here is the Customer Service  
Hotline Number:  
**757-928-6063 or 757-928-3680**

A TENANT HOTLINE IS A FREE SERVICE FOR TENANTS LIVING IN PROPERTIES OWNED AND MANAGED BY THE NEWPORT NEWS REDEVELOPMENT AND HOUSING AUTHORITY. WHEN FILING A COMPLAINT, YOU MUST STATE YOUR FULL NAME, ADDRESS, AND TELEPHONE NUMBER AND SPEAK AS SLOWLY AND CLEARLY AS POSSIBLE.

WE WILL CALL YOU BACK WITHIN 48 HOURS REGARDING YOUR CONCERNS.

THANK YOU

# Happy Easter

THOUGHT FOR TODAY:

You can't live a positive life with a negative mind.